

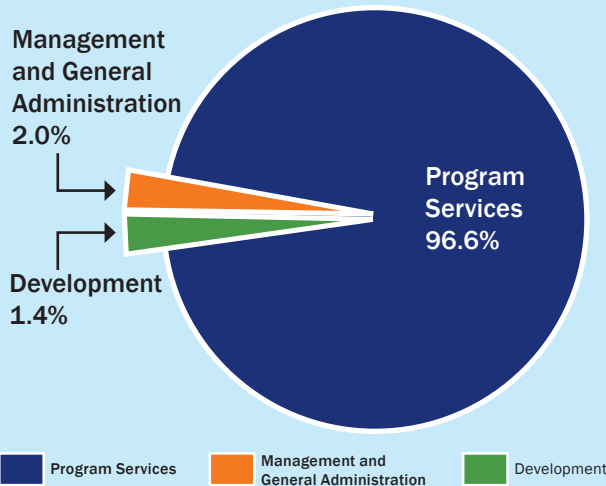
# faces of hunger

hunger is closer than you think

The face of hunger could be your neighbor. Hunger can strike at anytime. Hunger exists in every community. It affects people of all ages and backgrounds.



## Elk Grove Food Bank — Distribution of Expenses



# fill the need... feed the hope



# our mission

To provide essential resources to overcome the many faces of hunger and human need.

**Elk Grove Food Bank** receives donations from local citizens, local merchants and businesses, church groups, service organizations, local farmers and gardeners, and elementary school students.

**Elk Grove Food Bank** transforms the generosity of donors and volunteers into assistance and services delivered to individuals in need in our community.

**We Couldn't Do It Without You!**



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 Elk Grove, CA 95624  
 Federal Tax ID# 38-3664737

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[www.ElkGroveFoodBank.org](http://www.ElkGroveFoodBank.org)

# food bank programs

**Elk Grove Food Bank Services** has been working to overcome hunger and human need since its beginning in 1974. Established at a local church to provide services to low-income and needy families in the Elk Grove area, EGFBS has expanded to meet the needs of the community. Programs developed over 40 years of community service address the need for: food and clothing, access to food assistance, supplemented food to low-income Seniors, nourishment to chronically-ill individuals to achieve self-sufficiency.

## Who is Eligible?

Residents of zip codes 95624, 95757, 95758, 95759, 95828, 95829, 95683, 95693 and the homeless.

Over the past six years, the Elk Grove Food Bank has seen a sharp increase in the numbers of seniors, defined as persons 65 years of age and older, that it serves. In the past 24 months alone, the number of seniors seeking assistance from the Food Bank has more than doubled. Providing assistance to dramatically greater numbers of food insecure older adults, the Elk Grove Food Bank has assumed an expanded role as part of the City of Elk Grove's senior care infrastructure.



## FOOD CLOSET

Food is essential for life. Unfortunately, many people in our community struggle with hunger. From working poor families struggling to make ends meet to seniors who now live on a fixed income, hunger and food insecurity can affect any one of us. The Elk Grove Food Bank Services offers several programs to assist the residents of the Elk Grove Community in their time of need.

**Emergency Food Distribution** – provides nutritionally balanced 3-day emergency food to approximately 4,200 people each month.

**Senior Brown Bag** – provides monthly food boxes to low income seniors, age 60 or above, which includes fresh produce, nonperishable food and nutritional supplements. In addition, our Mobile Food Pantry delivers directly to five senior distribution sites.

**Wellness Bag** – a special program that provides nourishment to individuals living with a specific chronic illness including those with HIV/AIDS. Clients receive non-perishable food bags, along with fresh produce, dairy products and nutritional supplements upon request. Home delivery is available for the homebound.

**USDA** – monthly distribution of Federal Commodities program.

**Mobile Pantry** – monthly distribution of food boxes to migrant and seasonal farm workers and their families in the rural Franklin area south of Elk Grove.

**Pet Pantry** – free dog and cat food available to all clients for their furry friends.

**CALFresh (the Food Stamp Program) Nutrition Education** – educates the community on how to prepare food from the Food Bank in healthy and low-cost ways.

## CLOTHES CLOSET

Whether it is students needing school clothes, mothers needing baby clothes, men and women reentering the work force, or families needing to use their income to pay bills, the Elk Grove Food Bank Services Clothes Closet is here to help. Annually over 8,000 families, students, and adults returning to the workplace benefit from the services of the Clothes Closet.

**Elk Grove Unified School District Requests** – serving students of the Elk Grove Unified School District. An EGUSD employee who recognizes a need for clothing may fill out a Request for Clothing form which is available from Healthy Start offices. EGFBS volunteers will fill the request and send it through district mail to the child's school.

## SUPPORT WORKS

Support Works empowers individuals with life skills and the confidence necessary to seek employment and become self sufficient and financially independent.

## WISH LIST

### Grocery Shopping List

- Pasta
- Mac & Cheese
- Boxed Mashed Potatoes
- Packaged Beans
- Canned Fruit
- Canned Vegetables
- Soup
- Tuna and other Canned Meat
- Canned Chicken
- Cereal Products
- Non-perishables
- High protein foods (such as canned chili, peanut butter, beans)
- Fresh fruits & vegetables
- Ensure
- Toiletries
- Baby items (food and/or formula, diapers & wipes)



### Ongoing Needs

- Gift cards for gas and food
- Bus Passes
- Ziploc bags: sandwich
- Heavy duty garbage bags (35 gallon)
- Bags - produce, plastic or paper
- Gloves (small, medium and large)
- Children's socks
- Winter coats and jackets
- New Underwear (All Sizes)
- Reading Glasses (No RX)

### Food and Clothes Closet

**Operating Hours:** Monday - Friday • 10:00 a.m. - 2:00 p.m.

**Donations:** Monday - Friday • 9:00 a.m. - 2:00 p.m.

## HOW YOU CAN HELP

EGFBS depends on the generosity and support of caring people to help in the fight against hunger.

**Donate Money**  
**Donate Food**  
**Donate Time**

For more information  
visit our website  
[www.elkgrovefoodbank.org](http://www.elkgrovefoodbank.org)

**Give Locally**  
**Back to Our**  
**Community**



**96.6% of all donations go directly into EGFBS Programs. Only 3.4% is used for Administrative costs.**